

SPOKE



Making dreams reality

KW Princess Project grants wishes, one princess at a time



Consentings (Repletat Inc. Filling and made a following on the college. Starting that May Starting the College of the College

O'C task a new assessed.

ne an effort to further encour-



CSI president passes on the torch

in-depth characters of what

Now deep thoughts
... with Conestoga College
Reastern questions amended by reastern databasets
if you could transform into any type
of transportation, what would it be?







Spring into Spring chases away winter blues















Seeler Committee, you must be our next assposational





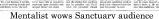
Covered by CSI Health Pla
HEALTH SERVICES
748-5220 Ext. 3679





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Design for willhard Charles Marriella Vinesa Relimen er annan mellanna mamba Dash

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your for entertainment They to skuptool of supose who



Months Mark 15, 1912 FEATURE Out of the shadows

Student speaks out about living with depression

BY LINDOUT TRANSPORT This is the first of a fear

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STORE | Page 5

Conservings College Journalisms Student Affords Pedicina was ding potchester No matter shat is

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5/2 to (285 g) grains medium Consolina Manch Severil black popper

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ENTERTAIL

Beesgah Group, a social and

Rainbow Reels celebrates diversity

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OUEER FILM PESTIVAL

The Federal Control Flor Protect declared 12 montes of

The not-so Great and Powerful Oz

Description of the base of the

COUNSELLORS CORNER: Stress and Stress Management Aurt 11 What a Stress?

Stress has become port of our everyday vectoking. Why write a column a stress when everyone deals with it do ly? In stress is initial-dentitived and estimategic, let's start with understanding. Stress denotes the chance that we underso as we extend not column.

are to become a the charge in the recitating size as the spire and and put to an accombinably changing environment of the applysacid and embracid effects as as and can create positive or legative feelings. As positive eithereness, existes create a derappative and exception and exception are occurred to do compation to occurre (orienment with charts length in the user the T-both grant four year transpir.) As a negative refusione, stress can create a disconferent, anger and respection, with health problems such as headerful with a transpiration (insured).

Although behalf ourspect respects to some attractives with a high feel of internal (solid his of our four cell from his of internal (solid his of our four cell from his or internal (solid his of our four cell from his ordinary and four respect of foreign to most situation. These become attractors for an emiddeal fley! If they are central at a threatment of dispersion. Manufact our compact the frought of favoring to dispersion. Manufact our compact the frought of favoring to ourselve for more cellinary. Society of the challenge flest of lost a varial centrals with hospital of flowers for the first of lost operations central exit in the flowers from central first flowers of cellinary in from the first dispersions centrally in the flowers of the flo

The goal is not to eliminate stress but to learn him to missage it and even use if to help us. For more information or help with Stress Management, talk with a counseller in Counselling Services.

A Message from Course Bing Services

#3(N) 99K-hph



IT'S GREAT TO BE PART OF A COMMUNITY

who values a clean and respectuful campus. We all pitch in together to keep our College free from litter and vandalism.



THANK YOU FOR BEING THE DIFFERENCE www.conestogac.on.ca/respect



Kitchener hosts international tourney

celebrating special needs bockey ET ETAN BONNIST

and they would have bed a International OMD towns-The way a constituent house Kinten Core, Appears of sygnech meladed The beggest address to

Healt team also had a local There is no contract, no some and on otherine There are no

Condors badminton club caps competitive season to a short period of time with ST MINE VIEWA

Ken and There were Ken encountry other sound 44 There was a lot of good comparatorie and it was a nicesure to see there as a

at the ced ?? - Court Michael Korn There were 14 players such on the manin and memorie and

in Official to continue standy pash there to supress parant with me " Kees stall

The visually impaired have to fight for rights

World Stool Union (WSE).



model for your a mone money

EARNING GRAMMAR DAY

Get your GEEK on! March 26, 2013

10 p.m. - 2 p.m.

Doon Campus - across from Tim Hortons Activities and Prizes!



CONESTOGA STUDENTS INC



September

·2013·

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JOB DESCRIPTIONS AVAILABLE ONLINE AT WWW.CONESTOGASTUDENTS.COM